Therapy Connections



Social Skills

Social Skills are critical when communicating and interacting with others. Social skills involve one's ability to communicate with positive outcomes. These rarely taught necessary skills are crucial for lifelong relationships and are the foundations for effective communication over a lifetime.

Social Skills: Be cool ~ Learn the Rules!

Therapy Connections will provide a wide range of therapeutic services using state of the art techniques that allow children with disabilities to achieve their highest potential

Services are provided to children of all ages and various diagnoses that include Cerebral Palsy, Sensory Processing Disorder, Autism, Dyspraxia, Down syndrome and Language and Development Delays

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<u>Implications</u>

- May have difficulty following rules in group sports
- Not bonding with immediate, extended family or friends
- Does not play with friends
- Can lead to feelings of loneliness and depression
- Can get "stuck" when needing to compromise with others

How Therapy Connections Helps

- We offer social skills groups tailored to match the age and social level of each child
- Multidisciplinary treatment approaches including OT's & SLP's
- Education and collaboration with parents and professionals
- We use a variety of evidencebased programs that include but are not limited to: Social Thinking Zones of Regulation Centervention